



The Cellular Healing Code Scorecard

Prep Phase	Cellular Detox	Recovery
Do you have amazing energy? __Y / __N	Have you solved unexplained sensitivities? __Y / __N	Have you identified your nutrient deficiencies? __Y / __N
Have you been successful with tolerating previous detoxes/cleanses? __Y / __N	Have you ruled out mold exposure or illness? __Y / __N	Have you successfully balanced hormones (ex. Thyroid, estrogen/testosterone)? __Y / __N
Is your gut health doing well? __Y / __N	Have you properly removed Heavy Metal Toxicity from your body? __Y / __N	Have you fully recovered from past traumas and/or the stresses of being ill? __Y / __N



Score: ____ / 3	Score: ____ / 3	Score: ____ / 3
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Total Score: ____ / 9

Y=0 pts. N=1 pt

Name: _____



Making Sense of Your Score

TOTAL SCORE		DESCRIPTION
6-9	Desperate	I'm really struggling and I NEED HELP!
3 - 6	Survivor	I have been able to address some challenges. I'm well on my way to being healthier, but I have some areas that still need to be addressed.
0-3	Health Warrior	I have successfully implemented most of what I have learned and researched. Overall I am doing well!